



MONTEREY CENTRE'S FERN CAFE

WEEKLY FRESH SHEET

July 15- July 19, 2024

Monday:	<u>Soup:</u> Cream of Spinach <u>Entrée:</u> No Hot Entrée Today
Tuesday:	<u>Soup:</u> Tomato Rice Soup <u>Entrée:</u> Ukrainian Plate: Cabbage Roll, Sausage & Perogies
Wednesday:	<u>Soup:</u> Carrot & Ginger Soup <u>Entrée:</u> Sweet & Sour Chicken with Rice & Vegetables
Thursday:	<u>Soup:</u> Corn Chowder <u>Entrée:</u> Rubeen Sandwich with Coleslaw & Pickles
Friday:	<u>Soup:</u> Seafood Chowder <u>Entrée:</u> No Hot Entrée Today

*MENU SUBJECT TO CHANGE

AVAILABLE DAILY

Sandwiches, fresh salads, & baked goods.
Coffee, tea, and cold drinks.
Assorted frozen entrees for take-away.

FERN CAFE HOURS:

Monday to Friday: 10:30am-2:00pm

Hot entrées and soup served 11:00am-1:00pm