

JULY 2024 HAPPENINGS

Monterey Recreation Centre
250-370-7300

OAK  BAY
PARKS, RECREATION
& CULTURE



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Monterey Membership Fee Increase

As of September 2024 the Monterey Membership will now be called the Social Activity Membership (SAM) and there will be a fee increase of 4% bringing the membership cost to \$55 annually.

SAVE THE DATE

Fall Program Registration Starts Wednesday
August 14th @ 6:30am!

Canada Day Statutory Holiday

Monday, July 1st

Centre Open 1:00pm - 4:00pm



JULY 2024

MEMBER TOWN HALL RECAP

Approximately 85 people attended the Town Hall in the Garry Oak Room on June 13th. Steve Meikle, Director of Oak Bay Parks Recreation and Culture, opened the Town Hall and explained the purpose was to discuss a way forward together with MRAA. Gail Hughes, President of MRAA, explained that the MRAA Board of Directors voted unanimously to return the Clubs to Monterey Recreation Centre.

MRAA's rationale for the decision includes: the increasing time, complexity and demands on the Board to address new and increasing administrative and regulation requirements (provincial and municipal) to deal with safety and risk management of the Clubs; the increasing time for the Board to support MRAA volunteer led Clubs; and the strong interest to focus on fundraising and philanthropic objectives to improve the health and wellness of Monterey members, including ongoing Club support and social events.

Steve Meikle explained that MRAA's proposal to transfer the Clubs to Monterey Recreation Centre has been accepted. The Memorandum of Understanding that details the agreement between MRAA and Monterey, is being updated. Staff are working to maximize use of the facility to ensure the maximum amount of people benefit. Monterey is committed to continuing the Monterey Membership with a new name, the Social Activity Membership, and will continue offering affordable volunteer led Clubs and Activities. Room allocation for Clubs and Activities is currently being reviewed. Staff will be in touch with affected Clubs and Activities about room changes expected to start this fall.

All Monterey Volunteers are required to complete a Police Information Check as part of our Volunteer Screening Process. Police Information Checks are a tool to ensure Monterey Recreation Centre is a safe environment for all participants. Town Hall participants were invited to complete a Member Feedback Form.

Thank you to all the participants for attending and special thanks to MRAA for funding the refreshments.

Lesley Cobus
Monterey Coordinator



JULY 2024

WHAT'S HAPPENING AT MONTEREY?



UMO BC Transit Info Session

Wednesday, July 10 | 11:00am - 1:00pm | Lobby

Meet Umo, the new way to pay your BC Transit fare. Umo allows you to select the best payment method for your lifestyle and travel habits. BC Transit staff will be here to answer any question you have about the changes to BC Transit passes.

Hazels Ice Cream Bars

Thursday, July 11 | 1:30pm - 2:30pm

Come cool off and enjoy a summertime treat with complimentary ice cream bars for Monterey Members while supplies last!



Arts Alive Opening Ceremony

Thursday, July 11 | 5:00pm

Join us for a free tour of the annual sculpture exhibition starting at McNeill Bay. Directly following the tour, mingle with the artists, sponsors and supporters who have made this program possible.

For more information visit oakbay.ca/events



Members Birthday Celebration

Wednesday July 24th 1:30pm | Monterey Lobby

Do you have a birthday in July or August? Come celebrate your special day with us at Monterey! Featuring live music by the Monterey Minstrels and in-house baked cupcakes!

Special thanks to MRAA for sponsoring this event.



JULY 2024

MONTEREY COURSE SPOTLIGHT

The Science of Healthy Aging

Wednesday, July 24th | 5:00pm-7:00pm | Dogwood Room

Instructor: Veronika Prielozna | Course Cost \$30



Whether you are in your 40s or beyond 60, this workshop will teach you simple strategies for reshaping your body & life. Focused on primary age-related Sarcopenia (loss of muscle, energy, stamina, confidence, & even independence), learn how to take an active role in this life, giving you a fighting chance of staying young for longer.

Course Registration Code: 187353

FOOD SERVICES

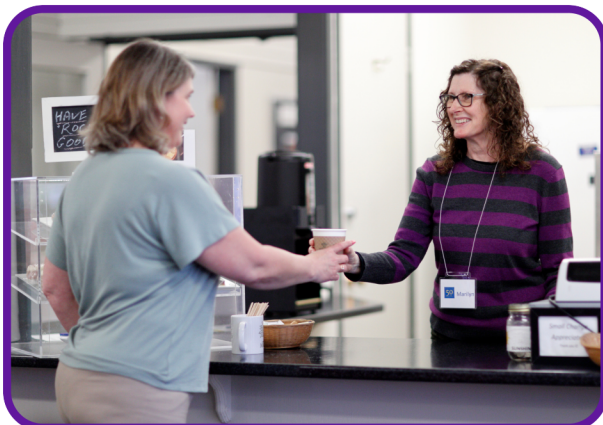
Fern Café

Visit the Fern Café where delicious and affordable hot entrees are served on Tuesdays, Wednesdays, and Thursdays.

Homemade soups, salads, baked goods, and sandwiches are served daily, with gluten-free and vegetarian options available.

Monday to Friday 10:30am-2:00pm

Hot entrees and soup served 11:00am-1:00pm



Coffee Express

Need a pick-me-up? Be sure to visit the Coffee Express in the Monterey Lobby, where friendly volunteers are serving up hot and cold beverages, house-baked goods, and hot breakfast sandwiches.

Monday to Friday

9:00am-11:00am | 1:30pm-3:30pm

JULY 2024



MONTEREY EVENTS



WESTERN NIGHT

Thursday, July 25 | 5:00pm - 8:00pm

Members \$28 | Non-Members \$32 | Tickets on sale June 10

It's time to don your denim, plaid and cowboy hats as we get set to welcome Cindy Archer and her posse to share their love of line dancing with us! We're excited to welcome back Cecil Shaw to play some western tunes while we eat a mouth-watering BBQ feast. Dancing starts after dinner.

Giddy-up and get your ticket soon!

FREE OAK BAY SUMMER EVENTS

Yoga in the Park

Every Tuesday July 2 - August 27 | 6:00-7:00pm

Willows Beach Greenspace

Led by Ajna Yoga and Oak Bay Recreation Yoga Instructors. Bring your own yoga mat.

Summer Concerts

at Willows Beach

Thursday, July 4 | 6:00pm Daniel Cook and the Radiators

Thursday, July 18 | 6:00pm Clanna Morna

Oak Bay Night Market

Wednesday, July 10th | 4:00-8:00pm

Come out and enjoy the Oak Bay Night Market where the village is transformed into a European style street market.

Classic Car Festival

Sunday, July 21 | 8:00am - 3:00pm

With over 300 cars of all types, vintages and conditions, this is an event that you'll never forget.



JULY 2024

TRIPS

FILBERG FESTIVAL

Saturday, August 3 | 8:00am - 8:00pm

Members \$126 | Non-Members \$145 | Tickets on sale June 28 - July 16

Participants will enjoy the festival from 11am-3pm. We will stop in Mill Bay for dinner at Bridgemans Bistro.

Transportation & Festival admission is included in the ticket price. Meals are paid by each participant.



CHEMAINUS TRIP: 9-5 THE MUSICAL

Saturday, August 10 | 9:30am - 6:30pm

Members \$167 | Non-Members \$192 | Tickets on sale May 30 - July 5

The 9-5 musical is based on the 1980's hit movie. This hilarious story of friendship and revenge in the Rolodex era is outrageous. Pushed to the boiling point, three female coworkers, concoct a plan to get even with their sexist, egotistical boss. Violet, Judy, and Doralee live out their wildest fantasy giving their boss the boot.

Participants will enjoy a delicious preshow buffet in the Playbill Dining room at 11:30am and then a brief browse around Chemainus before the 2pm performance.



JULY 2024

INTEREST LIST

MERRIDALE CIDER TASTING & LUNCH

Anticipated Date: Saturday, September 14

Anticipated Price: Members \$74 | Non-Members \$85



After a scenic bus trip, indulge in a delicious meal at the Merridale Cidery Farmhouse Eatery in beautiful Cobble Hill. The meal will include a refreshing glass of Merridale's cider (non-alcoholic options available). After lunch, the group will experience an Orchard to Glass Guided Tasting and following the tasting, guests will be able to roam the property, learn about the cidery, and explore the artisan fare in the gift shop.

Contact Reception to add your name to the interest list today.



MONTEREY DROP IN FITNESS

SUMMER SCHEDULE JULY 2 - SEPT 2

MONDAY

Moderate Fitness 9:00-9:45am
Mild Fitness 10:00-10:45am
Dance Express 12:05-12:50pm

TUESDAY

Moderate Fitness 9:00-9:45am
*starting July 16

WEDNESDAY

Moderate Fitness 9:00-9:45am
Mild Fitness 10:00-10:45am
Sit & Fit 11:00-11:45am
Dance Express 12:00-12:45pm

FRIDAY

Moderate Fitness 9:00-9:45am
Mild Fitness 11:00-11:45am
Sit & Fit 12:00-12:45pm

\$5.50/class or \$41.25/10 Punch Pass or \$102.50/25 Punch Pass



JULY

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Canada Day Centre open 1:00-4:00 	2 Free Yoga in the Park 6:00-7:00pm	3	4 Summer Concert at Willows Beach 6:00pm	5	6
7	8	9 Free Yoga in the Park 6:00-7:00pm	10 UMO Session 11:00-1:00pm Lobby Night Market 4:00-8:00pm	11 Hazel's Ice Cream Bars 1:30-2:30pm Arts Alive Tour 5:00pm	12	13 
14	15	16 Free Yoga in the Park 6:00-7:00pm	17	18 Summer Concert at Willows Beach 6:00pm	19	20
21 Classic Car Festival 8:00-3:00pm Oak Bay Ave	22	23 Free Yoga in the Park 6:00-7:00pm	24  Member Birthday Celebration 1:30pm Lobby	25 Western Night 5:00-8:00pm Garry Oak Room	26	27
28	29	30 Free Yoga in the Park 6:00-7:00pm	31			

Canada Day Weekend Hours:
 Saturday June 29: 8:30am-4:00pm
 Sunday June 30: 1:00pm-4:00pm
 Monday July 1: 1:00-4:00pm

Summer Centre Hours: July 1-Sept 2
 Monday - Tuesday: 8:30am-4:30pm
 Wednesday: 8:30am-9:00pm
 Thursday - Friday: 8:30am - 4:30pm
 Saturday: 8:30am-4:00pm
 Sunday: 1:00pm-4:00pm

