

# MONTEREY DROP-IN ACTIVITIES

## SUMMER SCHEDULE

(July & August)



Included in Monterey Membership  
Facilitated by Monterey Recreation Centre Volunteers

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|---|--|--|
| <p><b>Monday Morning Walks</b><br/>Carol Brown and Gerhard Herndler<br/><b>Monday:</b><br/><b>9:30am - 5km Walk</b><br/><b>10:00am - 3km Walk</b><br/>Meet in Lobby</p>   | <p><b>Topics in the News (Discussion)</b><br/>Chris Kershaw and Christine Collins<br/><b>Tuesday (1st &amp; 3rd): 2:30pm-4:00pm</b><br/><b>On break for the summer back in September</b></p> | <p><b>Monterey Golf Group</b><br/>Joyce Bevan<br/><b>Tuesday and Thursday: 9:45am</b><br/><b>Henderson Park Golf Course</b><br/>Weather permitting, at 9:45am we gather to socialize, 10:00am we arrange groups to tee off. Mid March to mid November.</p> |
| <p><b>Cribbage</b><br/>Kevin Britt<br/><b>Wednesday: 1:00pm-4:00pm</b><br/>The groups goal is socialization. Some knowledge of cribbage is useful, but all levels are welcome. Conventional play rules are followed.</p>                    | <p><b>Classical Tunes Sing-Along</b><br/>Rolfe McCooey<br/><b>Thursday (1st &amp; 3rd): 4:00pm-5:30pm</b><br/><b>Cedar Room</b><br/><b>On break for the summer back in September</b></p>     |  |
| <p><b>Blood Pressure Clinic</b><br/>Retired, Volunteer Nurses<br/><b>Thursday: 11:15am-12:30pm</b><br/>A weekly service for Monterey Members. Participants receive a wallet card to track their weekly blood pressure readings.</p>         | <p><b>Philosophy Discussion Group</b><br/>Chris Kershaw<br/><b>Thursday (1st &amp; 3rd) 2:00pm-3:30pm</b><br/><b>On break for the summer back in September</b></p>                           |  |
| <p><b>Progressive Pairs Bridge</b><br/>Isabel Hitchins<br/><b>Wednesday: 12:30pm-3:30pm</b><br/>We play four hands, then move on to play another opponent. New partnerships are welcome!</p>  | <p><b>Needlecrafts Group</b><br/>Diane Hansen<br/><b>Tuesday: 12:30pm-2:00pm</b><br/><b>Thursday: 12:30pm-2:00pm</b><br/><b>Garden Court</b><br/>All needle crafters are welcome!</p>        |  |
| <p><b>Social Bridge</b><br/>Janine Foychuk<br/><b>Monday: 12:30-3:30pm,</b><br/><b>Friday: 12:30pm-3:30pm</b><br/>If you are interested in joining this group, please leave your name and phone number with Reception.</p>                  | <p><b>World Religion Discussion Group</b><br/>Kathryn Kearney<br/><b>Friday (1st only) 1:00pm-2:30pm</b><br/><b>On break for the summer back in September</b></p>                            |  |
| <p><b>Monterey Social Activities</b><br/>Gail Dawson<br/><b>Thursday: 2:30-4:00pm</b><br/><b>On break for the summer back in September</b></p>  | <p><b>Cultivating Well-Being Group</b><br/>Wally Lazaruk<br/><b>Friday (1st &amp; 3rd) 11:30am-12:30pm</b><br/><b>On break for the summer back in September</b></p>                          |  |
| <p><b>Backgammon</b><br/>Bill Bullock<br/><b>Monday: 1:30pm-3:00pm</b><br/><b>Garden Court</b><br/>Both beginners &amp; experienced players are welcome! Socialization &amp; table talk is encouraged. Some boards provided but please.</p> | <p><b>Poetry Discussion Group</b><br/>Peter McNab<br/><b>Wednesday: 3:30pm-4:30pm</b><br/><b>Pine Room</b><br/><b>On break for the summer back in September</b></p>                          |  |
|   | <p><b>Intermediate Guitar</b><br/>Rolfe McCooey<br/><b>Wednesday (2nd &amp; 4th) 4:00pm- 5:30pm</b><br/><b>Cedar Room</b><br/><b>On break for the summer back in September</b></p>           |  |