MONTEREY DROP-IN ACTIVITIES SUMMER SCHEDULE

OAK BAY
PARKS, RECREATION
& CULTURE

(July & August)

Included in Monterey Membership
Facilitated by Monterey Recreation Centre Volunteers

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Monday Morning Walks Carol Brown and Gerhard Herndler Monday: 9:30am - 5km Walk 10:00am - 3km Walk Meet in Lobby	Topics in the News (Discussion) Chris Kershaw and Christine Collins Tuesday (1st & 3rd): 2:30pm-4:00pm On break for the summer back in September	Monterey Golf Group Joyce Bevan Tuesday and Thursday: 9:45am Henderson Park Golf Course Weather permitting, at 9:45am we gather to socialize, 10:00am we arrange groups to tee off. Mid March to mid November.
Cribbage Kevin Britt Wednesday: 1:00pm-4:00pm The groups goal is socialization. Some knowledge of cribbage is useful, but all levels are welcome. Conventional play rules are followed.	Classical Tunes Sing-Along Rolfe McCooey Thursday (1st & 3rd): 4:00pm-5:30pm Cedar Room On break for the summer back in September	
Blood Pressure Clinic Retired, Volunteer Nurses Thursday: 11:15am-12:30pm A weekly service for Monterey Members. Participants receive a wallet card to track their weekly blood pressure readings.	Philosophy Discussion Group Chris Kershaw Thursday (1st & 3rd) 2:00pm-3:30pm On break for the summer back in September	
Progressive Pairs Bridge Isabel Hitchins Wednesday: 12:30pm-3:30pm We play four hands, then move on to play another opponent. New partnerships are welcome!	Needlecrafts Group Diane Hansen Tuesday: 12:30pm-2:00pm Thursday: 12:30pm-2:00pm Garden Court All needle crafters are welcome!	
Social Bridge Janine Foychuk Monday: 12:30-3:30pm, Friday: 12:30pm-3:30pm If you are interested in joining this group, please leave your name and phone number with Reception.	World Religion Discussion Group Kathryn Kearney Friday (1st only) 1:00pm-2:30pm On break for the summer back in September	
Monterey Social Activities Gail Dawson Thursday: 2:30-4:00pm On break for the summer back in September	Cultivating Well-Being Group Wally Lazaruk Friday (1st & 3rd) 11:30am-12:30pm On break for the summer back in September	
Backgammon Bill Bullock Monday: 1:30pm-3:00pm Garden Court On break for the summer back in September	Poetry Discussion Group Peter McNab Wednesday: 3:30pm-4:30pm Pine Room On break for the summer back in September	
	Intermediate Guitar Rolfe McCooey Wednesday (2nd & 4th) 4:00pm- 5:30pm Cedar Room On break for the summer back in September	