

OAK BAY SPRING BREAK PROGRAMS & SCHEDULES

Saturday, March 15 – Sunday, March 30, 2025



Spring/Summer Registration

**GENERAL PROGRAM
REGISTRATION**
WEDNESDAY,
APRIL 9 AT 6:30 A.M.

CAMP REGISTRATION
WEDNESDAY,
APRIL 16 AT 6:30 A.M.

Register online at:
oakbayrec.perfectmind.com

Call Reception to create an account if you are new to the facilities.

OAK BAY
PARKS, RECREATION
& CULTURE

NOTICE: CENTURY CELEBRATION EVENT - MARCH 29-30, 2025

The Victoria Cougars Hockey Century Celebration is coming to Oak Bay! Hosted by the Victoria Hockey Legacy Society in partnership with the District of Oak Bay, this event will take place at Oak Bay Recreation Centre, the official venue. The event is expected to bring a high volume of visitors, which will result in no onsite parking being available, impact facility access, and also lead to some program and drop-in cancellations.

We recommend finding alternate ways to the Oak Bay Recreation Centre on March 28-31.

This event is run by the Victoria Hockey Legacy Society. For more information, please visit their website at VHLS.CA

**March 29 - 30,
Victoria BC**

Details at vhls.ca

Produced by Presenting Sponsor In Partnership with

HENDERSON PARK PAR-3 GOLF COURSE OPENS MID-MARCH!

*Weather Dependent

Please visit the golf page at recreation.oakbay.ca for more information or call Henderson Recreation Centre at 250-370-7200.



HENDERSON RECREATION CENTRE
2291 Cedar Hill X Road | 250-370-7200

MONTEREY RECREATION CENTRE
1442 Monterey Avenue | 250-370-7300

OAK BAY RECREATION CENTRE
1975 Bee Street | 250-595-7946 |
recreation.oakbay.ca



Register now!

There are a number of camps offered, please look online to see availability and other options.

SOCERTRON SPRING BREAK

Catch all the soccer excitement this spring! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer FUNdamentals.

OBRC: Indoor Sports Field **Elisco Enterprises Inc.**

3-4 YRS

Mar 17-21	M-Tu-W-Th-F	3:30pm-4:00pm	\$58/5	205143
Mar 24-27	M-Tu-W-Th	3:30pm-4:00pm	\$46/4	205144

5-6 YRS

Mar 17-21	M-Tu-W-Th-F	4:15pm-4:45pm	\$58/5	205147
Mar 24-27	M-Tu-W-Th	4:15pm-4:45pm	\$46/4	205148

7-12 YRS

Mar 17-21	M-Tu-W-Th-F	1:00pm-5:00pm	\$225/5	206586
Mar 24-27	M-Tu-W-Th	1:00pm-5:00pm	\$180/4	206588

NHL SPRING BREAK ICE HOCKEY CAMP

This active half day camp for boys and girls offers 6 hours of on-ice hockey instruction. The co-ed Novice Hockey League is a fun-first program focused on sportsmanship and skill development. Skills covered for beginner to intermediate level players are skating, stick handling, passing, shooting and team play. Station centered drills in like-skilled groups are utilized to keep kids moving and engaged at a challenging level. Off-ice activities include fun on the indoor turf playing cooperative games. Goalies in full CSA certified gear are welcome. Full gear is mandatory for all players. Players must be able to skate the length of the ice with some speed and stop comfortably. Must have completed Preschool Level 3 or Skate 2.

OBRC: Arena **5-8 YRS**

Mar 17-21	M-Tu-W-Th-F	8:30am-11:30am	\$209/5	205082
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OBRC: Arena **8-14 YRS**

Mar 17-21	M-Tu-W-Th-F	8:30am-11:30am	\$209/5	205085
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KINDERGYM

6 MOS-5 YRS

Caregivers, bring your tots to play, sing, and explore. The gym is loaded with toys, sports equipment, ride-on toys, and the bouncy castle! Mobile, participating siblings must pay admission. Children must be supervised by their caregivers for this program.

NOTE: Please note that there is a four hour cancellation policy.

HRC: Gymnasium

Registration opens 24 hours in advance.

Price: \$6.25

Saturdays: March 15, 22, and 29	11:00am-12:00pm
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BYTE CAMP - INTRODUCTION TO CODING

9-12 YRS

Discover how fun it is to build your own game! Students learn basic coding skills with easy to use drag-and-drop software, then make their very own games. Create 2D vector artwork to make unique characters and levels too. The final project is a game that you can access and play and proudly share with friends online. Outdoor activities included.

WP: Rotary Hall

Byte Camp Education Society

Mar 17-21	M-Tu-W-Th-F	9:00am-4:00pm	\$440/5	205126
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LEGO ROBOTICS (SPIKE ESSENTIAL) & SCIENCE - GORILLA BATTLEBOTS EDITION!

6-9 YRS

Can you smell what the Gorilla is cooking! Dive into the world of engineering using LEGO's Spike Essential. No experience? No worries! Learn the basics of coding and choose from a library of awesome builds, finishing with a Gorilla Battlebots tournament! There's something for everyone with plenty of indoor and outdoor activities including free time with game consoles, air hockey, arts/crafts, and MORE! Camp T-shirt included!

WP: Meeting Room 1 & 2

LITTLUNIVERSE

Mar 17-21	M-Tu-W-Th-F	9:00am-4:00pm	\$385/5	204825
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LOCATION LEGEND:

OBRC:	Oak Bay Recreation Centre
HRC:	Henderson Recreation Centre
WP:	Windsor Pavillion
NLC:	Neighbourhood Learning Centre

LEGO ROBOTICS (WEDO 2.0) & SCIENCE - BATTLEBOTS EDITION! 6-9 YRS

Let's get ready to rumble! Dive into the world of engineering using LEGO's WEDO 2.0. No experience? No worries! Learn the basics of coding and choose from 150+ awesome builds, finishing with a fun Battlebots Tournament. There's something for everyone with plenty of indoor and outdoor activities including free time with game consoles, air hockey, arts/crafts, and MORE! Camp T-shirt included!

WP: Meeting Room 1 & 2 LITTLUNIVERSE
Mar 24-28 M-Tu-W-Th-F 9:00am-4:00pm \$385/5 204826

ZEN MAKER LAB - CATAPULTS AND TENSION 9-12 YRS

In this program, students will play a game of storm the castle as they learn how math is used to define trajectories. We will go over the mechanics of levers, Hook's Law, rotational mechanics, tension, and more. Students will gain experience building devices that move by making and testing their own catapults. No experience necessary!

HRC: The Nook Zen Maker Lab
Mar 17-21 M-Tu-W-Th-F 9:30am-3:30pm \$495/5 205113

ZEN MAKER LAB - JR CODING & STOP MOTION 7-9 YRS

Using puzzles, games and fun we introduce coding concepts such as sequencing, loops, functions, and conditionals. Students will master these skills using our delightful Dash robots. Take Dash on missions requiring engineering design thinking and computer coding to solve problems and make a positive change. The goal of this camp is to encourage critical thinking, imagination, and to empower young children with confidence.

HRC: The Nook Zen Maker Lab
Mar 24-28 M-Tu-W-Th-F 9:30am-3:30pm \$495/5 205114

RICHARDSON SPORT MULTISPORT CAMP 4-6 YRS

A positive first interaction with sports! Acquire skills in hockey, baseball, soccer, volleyball, tennis, rugby, lacrosse, golf, basketball, and football in a safe, structured environment that focuses on building self-esteem. NCCP coaches will teach games and activities designed to allow you to explore agility, timing, balance, movement, hand/eye coordination, and skill development tailored to individual skill level. This program operates at a 1:8 ratio.

Henderson Kiwanis Playground

Richardson Sport

Mar 17-21 M-Tu-W-Th-F 9:00am-12:00pm \$200/5 205135
Mar 17-21 M-Tu-W-Th-F 1:00pm-4:00pm \$200/5 205136
Mar 24-28 M-Tu-W-Th-F 9:00am-12:00pm \$200/5 205139
Mar 24-28 M-Tu-W-Th-F 1:00pm-4:00pm \$200/5 205140

TWINKLE STARS DANCE CAMP 3-5 YRS

Introduce your young dancer to different styles of dance in a positive environment. Learn basic steps and terminology for ballet, tap and jazz movements. The use of fun, age-appropriate music engages young dancers and fun camp activities like "freeze dance", playground time and colouring make the camp lots of fun! Children must be able to use the toilet independently to register.

WP: Rotary Hall Protégé Dance Project
Mar 24-28 M-Tu-W-Th-F 9:00am-12:00pm \$172/5 205130
Mar 24-28 M-Tu-W-Th-F 1:00pm-4:00pm \$172/5 205131

SPRING BREAK - WINTER COMPETITIVE PROGRAM 8-17 YRS

Competitive tennis play during Spring Break for competitive tournament players.

OBRC: Tennis Court #5

Mar 17-21 M-Tu-W-Th-F 1:00pm-4:00pm \$127/5 205369
Mar 24-27 M-Tu-W-Th 1:00pm-4:00pm \$104/4 205370

SPRING BREAK CAMP - JUNIOR/TEEN TENNIS 8-17 YRS

Tennis fun during Spring Break. Lunch hour supervision is available for those that want to combine two half days to make a full day camp.

OBRC: Tennis Court #1

Mar 17-21 M-Tu-W-Th-F 8:30am-12:00pm \$140/5 205367
Mar 17-21 M-Tu-W-Th-F 1:00pm-4:30pm \$140/5 205368
Mar 24-27 M-Tu-W-Th 1:00pm-4:30p \$113/4 205398
Mar 24-28 M-Tu-W-Th-F 8:30am-12:00pm \$140/5 205395

SPRING BREAK CAMP - TENNIS LUNCH TIME CARE 8-17 YRS

Lunch hour supervision for those that want to combine two half days to make a full day camp.

OBRC: Tennis Court #1

Mar 17-21 M-Tu-W-Th-F 12:00pm-1:00pm \$25/5 205420
Mar 24-27 M-Tu-W-Th 12:00pm-1:00pm \$20/4 205421

BADMINTON - LEVEL 1 CAMP 8-16 YRS

A fun and educational way to learn basic badminton techniques! Registrants will learn the rules of the game, how to serve, and different shots like the backhand and forehand. There will be plenty of time for games and the focus is on the FUNdamentals of the sport.

HRC: Gymnasium

Mar 17-21 M-Tu-W-Th-F 1:00pm-4:00pm \$148/5 206021
Mar 24-28 M-Tu-W-Th-F 1:00pm-4:00pm \$148/5 206022

BADMINTON - LEVEL 2 CAMP 8-16 YRS

Take your badminton to the next level by refining the skills learned in Badminton Level 1. Try new drills and techniques with plenty of time for games. The focus is on the FUNdamentals of the sport.

HRC: Gymnasium

Mar 17-21 M-Tu-W-Th-F 1:00pm-4:00pm \$148/5 206023
Mar 24-28 M-Tu-W-Th-F 1:00pm-4:00pm \$148/5 206024

LEADERS IN TRAINING FOR SPRING BREAK CAMP LEADERS 12-17 YRS

Thinking about getting your first job? This course will concentrate on basic job preparation skills but also focus on the roles and responsibilities of a Spring Break camp leader. Course outline includes completing your resume, and cover letter, as well as learning interview skills, behavior management strategies, lesson planning, and working with children. Students will complete course during the first week of Spring Break camps. Upon completion of this course students have the opportunity to successfully complete 10-15 hours volunteering in the second week of Spring Break camps. Getting the Leading Edge, Leaders in Training course is highly desirable when applying for the Oak Bay Parks, Recreation & Culture's Youth Internship Program (15-18yrs) – Applications accepted Jan - May 15.

NLC: Youth Centre

Mar 17-21 M-Tu-W-Th-F 1:00pm-3:30pm \$220/5 205077

Skating Schedule

March 15-30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Over 40 Duffer Hockey 8:30-10:15am (Mar 24 only)	Over 50 Duffer Hockey 8:30-9:45am (Mar 25 only)	Over 40 Duffer Hockey 8:30-10:15am (Mar 26 only)	Over 50 Duffer Hockey 8:30-9:45am (Mar 27 only)			Family Skate 1:30-2:45pm (Mar 23 only)
Over 60 Duffer Hockey 10:30-11:45am (Mar 24 only)	Adult Skate 10:00-11:30am (Mar 25 only)		Adult Skate 10:00-11:30am (Mar 27 only)			Everyone Welcome 3:00-4:15pm (Mar 23 only)
Spring Break NHL Camp March 17-21 All morning public sessions cancelled.	Duffer Hockey Lunchtime 11:45am-1:15pm		Duffer Hockey Lunchtime 11:45am-1:15pm	Over 60 Duffer Hockey 11:45am-1:15pm (Mar 21 only)	Everyone Welcome 7:45-9:00pm (Mar 22 only)	Parent & Child Hockey 4:30-5:30pm (Mar 23 only)
	Spring Break Everyone Welcome 1:30-3:00pm		Spring Break Everyone Welcome 1:30-3:00pm		Century Celebration Event March 29-30 Oak Bay Recreation Centre is the venue sponsor for the Victoria Cougars Hockey Century Celebration. Expect larger crowds and no parking, with impacts on all skating and hockey programs. Learn more at VHLS.CA	
	Everyone Welcome \$3 6:30-7:45pm			Everyone Welcome and Stick & Puck 8:15-9:30pm (Mar 21 only)		



Indoor Racquet Sports Schedule

March 15-30

Henderson Recreation Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Pickleball Court Rental 8:30-9:30am		Pickleball Court Rental 8:30-9:30am			
	Pickleball Court Rental 9:30-10:30am		Pickleball Court Rental 9:30-10:30am			
Pickleball Drop-in 10:45am-12:15pm	Pickleball Drop-in 10:45am-12:15pm	Pickleball Drop-in 10:45am-12:15pm	Pickleball Drop-in 10:45am-12:15pm	Pickleball Drop-in 10:45am-12:15pm		Family & Youth Badminton Court Rental 4:15-5:15pm
Everyone Welcome Badminton Drop-in 7:00-8:30pm	Everyone Welcome Badminton Drop-in 7:00-8:30pm	Table Tennis Drop-in 7:00-8:30pm	Everyone Welcome Badminton Drop-in 7:00-8:30pm	Pickleball Drop-in 5:15-6:45pm	Badminton Court Rental 5:45-6:45pm	Table Tennis Drop-in 6:00-7:30pm
Advanced Badminton Drop-in 8:35-10:00pm	Advanced Badminton Drop-in 8:35-10:00pm	Table Tennis Drop-in 8:35-10:00pm	Advanced Badminton Drop-in 8:35-10:00pm		Badminton Court Rental 7:00-8:00pm	Table Tennis Drop-in 7:35-9:00pm

Group Fitness Class Schedule

March 15-30

Henderson Recreation Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Cycling 6:15-7:00am	Indoor Cycling 6:15-7:00am	Indoor Cycling 6:15-7:00am	Indoor Cycling 6:15-7:00am	Indoor Cycling 6:15-7:00am	Indoor Cycling 8:15-9:00am	
Total Body Fitness 9:15-10:15am		Bootcamp 9:15-10:15am		Total Body Fitness 9:15-10:15am		Total Body Strength 8:00-9:00am (March 30 ONLY)
Total Body Conditioning 5:30-6:30pm	Circuit Training 5:30-6:30pm	Total Body Conditioning 5:30-6:30pm	Circuit Training 5:30-6:30pm		Total Body Fitness 9:15-10:15am (March 29 ONLY)	
Cycling & Strength 7:15-8:00pm	Indoor Cycling 5:45-6:30pm		Indoor Cycling 5:45-6:30pm			

Neighbourhood Learning Centre

	Total Body Training Express 6:15-7:00am		Total Body Training Express 6:15-7:00am		Total Body Fitness 9:15-10:15am (March 22 ONLY)	Total Body Strength 8:00-9:00am (March 23 ONLY)
						Total Body Strength 9:15-10:15am (cancelled on March 30)

Monterey Recreation Centre

Moderate Fitness 9:00-9:45am	Moderate Fitness 9:00-9:45am	Moderate Fitness 9:00-9:45am	Moderate Fitness 9:00-9:45am	Moderate Fitness 9:00-9:45am		
Mild Fitness 10:00-10:45am		Mild Fitness 10:00-10:45am		Mild Fitness 11:00-11:45am		
Sit & Fit 11:00-11:45am				Sit & Fit 12:00-12:45pm	Note: drop-in programs at Monterey Recreation Centre do not offer a pre-registration option.	
Dance Express 12:05-12:50pm		Dance Express 12:00-12:45pm		Dance Express 12:15-1:00pm		

Jazzercise Class Schedule

Jazzercise classes are not included in Oak Bay Parks, Recreation, and Culture Admissions or Passes.

Schedule subject to change - see jazzerciseoakbay.com for updated schedule.

	Henderson Recreation Centre	Monterey Recreation Centre (Low Impact)
Mondays	8:00-9:00am	5:00-6:00pm
Tuesdays	5:30-6:30pm	
Wednesdays	8:00-9:00am	5:00-6:00pm
Thursdays	5:30-6:30pm	
Fridays	8:00-9:00am	
Saturdays		9:30-10:30am
Sundays	9:30-10:30am	



FEEL AMAZING.
AND LOOK EVEN
BETTER.

Are you ready for the ultimate confidence infusion? Channel your inner pop diva in the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost.

*Registration is through Jazzercise.
jazzerciseoakbay.com.
or call 250-580-5299





Pool Schedule

March 15-30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am	Early Bird ♦ 6:00-9:00am
Everyone Welcome + Swim Lessons 9:00-10:30am	Everyone Welcome + Swim Lessons 9:00-10:30am	Everyone Welcome + Swim Lessons 9:00-10:30am	Everyone Welcome + Swim Lessons 9:00-10:30am	Everyone Welcome + Swim Lessons 9:00-10:30am	Everyone Welcome 9:00-11:00am	Everyone Welcome 9:00-11:00am
Leisure and Lengths ♦ 10:30am-2:00pm	Leisure and Widths ♦ 10:30-11:30am	Leisure and Lengths ♦ 10:30am-2:00pm	Leisure and Widths ♦ 10:30-11:30am	Leisure and Lengths ♦ 10:30am-2:00pm	Integrated Swim 11:00am-1:00pm	Leisure and Lengths ♦ 11:00am-1:00pm
	Leisure and Lengths ♦ 11:30am-2:00pm		Leisure and Lengths ♦ 11:30am-2:00pm			
Kids Fun Swim 2:00-4:30pm	Kids Fun Swim 2:00-4:30pm	Kids Fun Swim 2:00-4:30pm	Kids Fun Swim 2:00-4:30pm	Kids Fun Swim 2:00-4:00pm	Kids Fun Swim 1:00-4:30pm	Kids Fun Swim 1:00-4:30pm
Adult Lengths 4:30-6:30pm	Adult Lengths 4:30-6:30pm	Adult Lengths 4:30-6:30pm	Adult Lengths 4:30-6:30pm	Parent and Tot 4:00-5:00pm	Adult Lengths 4:30-6:30pm	Adult Lengths 4:30-6:30pm
Everyone Welcome 6:30-8:30pm	Everyone Welcome 6:30-8:30pm	Everyone Welcome 6:30-8:30pm	Everyone Welcome 6:30-8:30pm	Adult Lengths 5:00-6:30pm	Everyone Welcome 6:30-8:30pm	Everyone Welcome 6:30-8:30pm
Leisure and Lengths ♦ 8:30-10:00pm	Leisure and Lengths ♦ 8:30-10:00pm (with Masters 8:30-9:30pm)	Leisure and Lengths ♦ 8:30-10:00pm	Leisure and Lengths ♦ 8:30-10:00pm (with Masters 8:30-9:30pm)	Everyone Welcome 6:30-8:30pm	Leisure and Lengths ♦ 8:30-10:00pm	Leisure and Lengths ♦ 8:30-10:00pm
			Leisure and Lengths ♦ 8:30-10:00pm (with Masters 8:30-9:30pm)	Leisure and Lengths ♦ 8:30-10:00pm		

Pool Closes at 10:00pm (last admission is 30 min prior to close)

Aquafit

Shallow/Deep Water 7:45-8:45am	Shallow Water 7:45-8:45am	Shallow Water 7:45-8:45am	Shallow Water 7:45-8:45am	Shallow/Deep Water 7:45-8:45am	Shallow Water 7:45-8:45am	Shallow Water 7:45-8:45am
50 & Better 11:15am-12:15pm	Shallow Water 10:30-11:30am	50 & Better 11:15am-12:15pm	Shallow Water 10:30-11:30am	50 & Better 11:15am-12:15pm	Legend * Registered class ♦ Families are welcome in the small pool	
Shallow Water 12:45-1:45pm	Shallow Water 12:45-1:45pm	Shallow Water 12:45-1:45pm	Shallow Water 12:45-1:45pm			