

Skating Schedule

(January 4 - March 14, 2025)

OAK BAY
PARKS, RECREATION
& CULTURE

*Please note specific session start dates.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Over 40 Duffer Hockey 8:30-10:15am (ends June 16) (No session Mar 31)	Over 50 Duffer Hockey 8:30-9:45am (ends June 17)	Over 40 Duffer Hockey 8:30-10:15am (ends June 18)	Over 50 Duffer Hockey 8:30-9:45am (ends June 19)	Over 40 Duffer Hockey 8:30-10:15am (ends June 20) (No session Mar 28)		Family Skate 1:30-2:45pm (ends Mar 23)
Over 60 Duffer Hockey 10:30-11:45am (ends June 16) (No session Mar 31)	Adult Skate 10:00-11:30am (ends May 13)		Adult Skate 10:00-11:30am (ends May 15)		Adult Winter Hockey League 6:15-7:30pm (Sept-Apr)	Everyone Welcome 3:00-4:15pm (ends Aug 24) (No session Mar 30)
	Over 18 Duffer Hockey 11:45am-1:15pm (ends May 27)		Over 18 Duffer Hockey 11:45am-1:15pm (ends May 29)	Over 60 Duffer Hockey 11:45am-1:15pm (ends June 20) (No session Mar 28)	Everyone Welcome 7:45-9:00pm (ends Mar 22)	Parent & Child Hockey 4:30-5:30pm (ends Mar 23)
	Low Cost Everyone Welcome 6:30-7:45pm (ends Mar 25)			Everyone Welcome and Stick & Puck 8:15-9:30pm (ends Mar 21)	Adult Winter Hockey League 10:30-11:45pm (Sept-Apr)	Adult Winter Hockey League 8:15-11:00pm (Sept-Apr)

Pacific Cup Hockey Tournament: January 17-19, 2025 (some drop-in sessions may be cancelled).

Spring Break Schedule begins March 15, 2025.

Victoria Cougars 100 year Celebration Community Event: March 28-31 (some drop-in sessions may be cancelled).

* See website for event details.

Descriptions

Adult Skate (for 18 and up)

Come out and skate Tuesday and Thursday mornings!
Please bring your helmet.

Everyone Welcome

Skating for all ages.

Low Cost Everyone Welcome for \$3.50

What a deal, anyone can skate! Rentals only \$2.25

Everyone Welcome Stick and Puck

Shared ice to practice your skills. Players must bring a stick and wear a helmet and gloves. Sponge pucks only \$2 (deposit required). No games.

Family Skate

A great personal time for families to have fun. Enjoy a special beginner's corner for preschoolers. Strollers are allowed on the ice with permission.

Parent and Child Hockey (6-12 years old)

Sponge puck hockey with a special area for beginners. Parents must be on the ice with children. Helmet with a mask must be worn by children. Admission includes one adult and up to two children and children's rentals. Sponge pucks only \$2 (deposit required).

Over 60, Over 50, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

Duffer Hockey Drop-in Guidelines

DUFFER HOCKEY OVER 40, 50 AND MONDAY OVER 60 YEARS - CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20am to keep their spot.

DUFFER HOCKEY (11:45AM-1:15PM) OVER 18 AND FRIDAY OVER 60 YEARS - CO-ED

- Register online after 6:45pm the day prior to playing.
- Players must arrive in person by 10:20am to keep their spot.

Full gear is mandatory. A visor, neck-guard and shoulder pads are highly recommended.

Goalies play for free. Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

How to Register Online

1. Ensure your Oak Bay online account and login is set up.
2. Login with user ID and password at: oakbayrec.perfectmind.com
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.
6. Choose your method of payment.

PRO-D DAY & HOLIDAY SKATES

Check online for skating sessions.