



Skating Schedule

June 30-August 25, 2024

Saturday	Sunday
	Over 40 Duffer Hockey 8:30-9:45am (Jul 7-Aug 25)
Stick & Puck 3:30-4:45pm (Jul 6-Aug 24)	Over 60 Duffer Hockey 10:00-11:15am (Jul 7-Aug 25)
Over 18 Duffer Hockey 5:00-6:30pm (Jul 6-Aug 24)	Everyone Welcome 3:00-4:15pm (Jun 30-Aug 25)

Descriptions

Everyone Welcome

Skating for all ages.

Over 60, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

Stick & Puck

Drop-in to practice your skills. Players must bring a helmet and gloves. Hard pucks are allowed. Participants under 18 must also have a full face shield.

No goalies or games (stick and puck is for individual skill development)

Duffer Hockey Drop-in Guidelines

DUFFER HOCKEY OVER 18 CO-ED

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 4:50pm to keep their spot.

DUFFER HOCKEY OVER 40 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20am to keep their spot.

DUFFER HOCKEY OVER 60 CO-ED

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 9:50am to keep their spot.

Full gear is mandatory. A visor, neck-guard and shoulder pads are highly recommended.

Goalies play for free. Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

How to Register Online

1. Ensure your Oak Bay online account and login is set up.
2. Login with user ID and password at:
oakbayrec.perfectmind.com
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.