

# MONTEREY WINTER DROP-IN ACTIVITIES SCHEDULE (JANUARY - APRIL 2025)

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

<p><b>Blood Pressure Clinic</b> <i>Retired, Volunteer Nurses</i> Thursday: 11:15am-12:45pm Cedar Room</p>	<p><b>Needlecrafts Group</b> <i>Diane Hansen</i> Tuesday: 12:30pm-2:00pm Thursday: 12:30pm-2:00pm Garden Court</p>	<p><b>Topics in the News (Discussion)</b> <i>Chris Kershaw and Christine Collins</i> Wednesday(1st &amp; 3rd): 1:30pm-3:00pm Cedar Room</p>
<p><b>Classic Tunes Sing-Along</b> <i>Rolfe McCooey</i> Thursday (1st &amp; 3rd): 4:00pm-5:30pm Cedar Room</p>	<p><b>Philosophy Discussion Group</b> <i>Chris Kershaw</i> Thursday: (1st &amp; 3rd) 2:00pm-3:30pm Dogwood Room</p>	<p><b>World Religion Discussion Group</b> <i>Kathryn Kearney</i> Friday (1st only) 1:00pm-2:30pm Pine Room</p>
<p><b>Intermediate Guitar</b> <i>Rolfe McCooey</i> Thursday (2nd &amp; 4th): 4:00pm- 5:30pm Cedar Room</p>	<p><b>Poetry Discussion Group</b> <i>Peter McNab</i> Wednesday: 3:30pm-4:30pm Pine Room</p>	<p><b>Open Mic</b> Gail Dawson Last Sunday of every Month 1:30pm-3:00pm Lobby</p>
<p><b>Monday Morning Walks</b> <i>Carol Brown and Gerhard Herndler</i> Monday: 9:30am - 5km Walk 10:00am - 3km Walk Meet in Lobby</p>	<p><b>Social Bridge</b> <i>Janine Foychuk</i> Monday: 12:30pm-3:30pm, Pine Room Thursday has joined Tables Games</p>	
<p><b>Monterey Golf Group</b> <i>Joyce Bevan</i> Tuesday and Thursday: 9:45am Henderson Park Golf Course Mid March - Mid November</p>	<p><b>Table Games</b> Thursday: 12:30pm-3:30pm, Garry Room Friday : 1:30pm-4:00pm, Douglas Fir</p>	

## Social Activity Membership

\$55.00 a year (*from date of purchase*)  
Access to all Drop-In Activities  
15% discount on select courses, trips, & events.

## Questions?

Contact Reception at 250-370-7300  
1442 Monterey Avenue, Victoria, B.C.  
Visit: [recreation.oakbay.ca](http://recreation.oakbay.ca)

# MONTEREY DROP-IN ACTIVITIES

## DESCRIPTIONS

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

### Blood Pressure Clinic

A weekly service for Social Activity Members. Participants receive a wallet card to track their weekly blood pressure readings

### Needlecrafts Group

All needle crafters are welcome!

### Topics in the News (Discussion)

Join in the lively discussion of current local and international issues. Health, wellness, and local cultural events, also discussed.

### Classical Tunes Sing-Along

Sing classic songs from the 50s to 70s with an enthusiastic, relaxed group. 20 songs sung each session. Come sing for fun! Led by a singer with a guitar.

### Philosophy Discussion Group

Our aim is to focus on philosophical issues rather than political. Group members are emailed relevant materials in advance. Topics are wide spread.

### World Religion Discussion Group

Discussion on worldwide views, ethics, practices, and the beliefs of five major world religions.

### Intermediate Guitar

A room full of guitars singing and strumming a variety of songs with Folk, Scottish/Irish, and American roots. Bring your six-string and join the fun!

### Poetry Discussion Group

Read, listen, and discuss the power of poetry!

### Open Mic

Come play or listen to some wonderful music performed by local talent.

**January 26, February 23, March 23, and April 27**

### Monday Morning Walks

9:30am - 5km Walk  
10:00am - 3km Walk  
Meet in Lobby

### Social Bridge

If you are interested in joining this group, please leave your name and phone number with Reception.

### Monterey Golf Group

Weather permitting, at 9:45am we gather to socialize, 10:00am we arrange groups to tee off. **Mid March to mid November.**

### Table Games

**Thursday:** Progressive Pairs Bridge, Social Bridge, Chess, Cribbage, Scrabble, and Backgammon.  
**Friday:** Mahjong, Euchre, Social Bridge and Scrabble

### Social Activity Membership

**\$55.00 a year (from date of purchase)**

**Access to all Drop-In Activities**

**15% discount on select courses, trips, & events.**

### Questions?

**Contact Reception at 250-370-7300  
1442 Monterey Avenue, Victoria, B.C.  
Visit: [recreation.oakbay.ca](http://recreation.oakbay.ca)**